



THE DIVINE LIFE

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KATHOPANISHAD

CHAPTER II

VALLI i

या प्राणेन संभवत्यदितिर्देवतामयी ।

गुहां प्रविश्य तिष्ठन्तीं या भूतेभिव्यजायत। एतद्वै तत् ॥७॥

7. Who is born along with Prana in the form of all Devatas, who, entering into the heart, abides therein, and who was born with the elements (he who knows Him, verily knows Brahman). This is indeed That.

गुरुदेव श्री स्वामी शिवानन्द

देव-भाषा-कवि-भास्कर

(श्री स्वामी ज्ञानानन्द सरस्वती)

गुणालयं दयामयं सदाशयं मुदाकरं
गुरुत्तमं सुमानुषैर्निषेवितांघ्रिपङ्कजम्।
गुडोपमोक्तिवर्षुकं भृशं समस्तभक्तहृद्-
गुहाधिवासमाश्रये सदा शिवं मुनीश्वरम्॥१॥

1. Adorations to the perpetual showerer of nectarine words, the foremost of all great Rishies, Gurudev Sivananda, the object of our homage and worship, the abode of all virtues, the embodiment of compassion, the centre for reverence of good people, the ever-residing Deity in the mind-caves of his true devotees, the wielder of the noblest Heart and the treasure-house of all happiness.

रुचिरमुखसरोजान्निर्गलन्मन्दहासं
रुचिजिततरुणार्कं रुद्धनानापमार्गम्।
रुजमखिलजनानां नाशयन्तं पदाम्भो-
रुहनतसुरसालं श्रीशिवं भावयेऽहम्॥२॥

2. The lustrous face of Gurudev Sivananda bears a countenance of radiant smiles resembling the brilliance of the rising sun, beams forth messages to mankind for treading the righteous path and avoiding the unrighteous ways, is intent upon destroying the diseases of the people, has become the wish-yielding

tree to the poor, and has always been the one Ideal of all my meditation.

देवकीतनयनामजालजपलालसं मुदितमानसं
देवतार्हणपरायणं परिणतात्मबोधममलाशयम्।
देहिनां भुवनवासिनां भवुकशंसिनं मुनिवरं जगद्-
देशिकं वशिजनोत्तमं शिवमनारतं मनसि भावये॥३॥

3. Upon that great world-preceptor Sivananda whose self-engrossment and self-absorption are given over wholly to the uttering of the holy Names of Sri Krishna, the worshipping of all gods, the saving of the afflicted beings, and the raising of prayers to God for the welfare of the whole world,—I meditate.

वर्णनीयविविधापदानमवलेपलेशरहितं महा-
वर्चसं वशगताखिलश्रियमनाथलोकपरिपालकम्।
वन्दनीयमुनिपुङ्गवं सकलनन्दनीयमतिवैभवं
वल्गुहासलसिताननं सततमानतोऽस्मि शिवयोगिनम्॥४॥

4. To the great Sage Sivananda of admirable intellectual power, of gigantic and praiseworthy achievements, the sage who is bereft of all pride, possessed of all prosperity, interested in protecting the helpless people, and pleasing all with his compassionate smiles,—prostrations. □ □ □

THE SUPREMACY OF LOVE IN KARMA YOGA

The path of love is the right royal road that leads to the abode of immortality and eternal bliss,—Param Dharma, where time cannot exercise its destructive power where Maya cannot show her face. It is the clear and open way to God.

There is no virtue higher than love; there is no treasure higher than love: there is knowledge higher than love: there is no Dharma higher than love; there is no religion higher than love because Love is Truth. Love is God. This world has come out of Love, this world exists in Love and this Love ultimately dissolves in Love. God is an embodiment of Love. In every inch of His creation you can verily understand His love.

Live in love. Breathe in love. Sing in love. Eat in love. Drink in love. Talk in love. Pray in love. Meditate in love. Think in love. Move in love. Die in love. Purify your thoughts, speech and action in the fire of love. Bathe and plunge in the sacred ocean of love. Imbibe the honey of love and become an embodiment of love.

Sivananda

NEW YEAR MESSAGE

(H.H. Sri Swami Sivanandaji Maharaj)

By the command of the Indestructible Being, minutes, hours, days and nights, stand apart. By the command of the Immortal Brahman, months, years, seasons and solstices stand apart. He who knows this Indestructible Being is a liberated sage or Jivanmukta.

Time rolls on. New becomes old and old becomes new again. Today is the most auspicious New Year's Day. God has given you another chance this year to enable you to strive for your salvation. Today man is. Tomorrow he is not. Therefore, avail yourself of this golden opportunity, struggle hard and reach the goal of life. Make the best use of every moment of this New Year. Unfold all latent faculties. Here is a chance to begin life anew, to grow and evolve and become a superhuman or a great dynamic Yogi.

On this glorious New Year's Day make a strong resolve to wipe away all the old worldly Vasanas or tendencies and bad impressions and to control the senses and the mind.

Know the value of time. Time is most precious. Utilise every second profitably. Live every moment of your life for the realisation of your ideal and goal. Do not procrastinate. That "tomorrow" will never come. Now or never. Abandon idle gossiping. Kill egoism, laziness and inertia. Forget the past. A glorious and brilliant future is awaiting you.

Equal vision is the touchstone of knowledge. Unselfishness is the touchstone of virtue. Brahmacharya is the touchstone of ethics. Oneness is the

touchstone of Self-realisation. Humility is the touchstone of devotion. Therefore, be unselfish, humble and pure. Develop equal vision. Be in tune with the Infinite.

Satyam (truth) is the seed. Ahimsa is the root. Meditation is the shower. Shanti (peace) is the flower. Moksha (salvation) is the fruit. Therefore, speak the truth, practise Ahimsa and meditation. Cultivate Shanti. You will attain the final emancipation or freedom from the trammels of births and deaths, and enjoy Eternal bliss.

Be thou a spiritual warrior of Truth. Put on the armour of discrimination. Wear the shield of dispassion. Hold the flag of Dharma. Sing the song of Soham or Sivoham. March boldly with the band of Pranava—Om Om Om. Blow the conch of courage. Kill the enemies of doubt, ignorance, passion and egoism and enter the illimitable kingdom of blissful Brahman. Possess the imperishable wealth of Atman. Taste the divine immortal essence. Drink the nectar of Immortality.

May this bright New Year's Day and all the succeeding days of this year and all the future years also bring you all success, peace, prosperity and happiness. May you all tread the path of Truth and righteousness! May you enjoy the eternal bliss of the Absolute, leading a divine life, singing Lord's name, sharing what you have with others, serving the poor and the sick with Atma Bhava and melting the mind in silent meditation in the Supreme Self. □ □ □

NEW YEAR'S MESSAGE

(Sri Swami Chidananda)

*Om! Om! Om!
Om Sri Ganeshaya Namah!
Om Sri Gurubhyo Namah!
Om Sri Vishwanathaya Namah*

*Gurur Brahma Gurur Vishnu
Gurur Devo Maheshwarah
Guruh Sakshat Parabrahma
Tasmai Sri Gurave Namah!*

I offer my salutations and adorations, devout prostrations to the Spiritual Master, Guru, who is equal to God—God, who is creator, preserver and dissolver of this entire universe and countless universes.

Radiant Immortal Atman!
Beloved Children of Light,

My fellow-residents of this Planet Earth!

My very first prayer to you is: Begin the New Year by lifting up your heart and mind and asking Him earnestly and sincerely that the New Year may be an ideal year filled with 365 golden days divinely lived—365 days filled with Truthfulness, Compassion and Kindness and Purity and Nobility in thought, word and deed. May every day bring some benefit to life around you.

May it be helpful to all the living creatures and immobile things like trees and plants, even the grass that grows on

the ground—they are also your kith and kin. When you wake up in the morning or when you go to bed on 31st of December this year, have the resolution that “I will make this New Year four times as valuable, beautiful, ideal and useful as the last year that has just passed. Let the New be better than the Old! You must take time to cast a bird’s eye view upon the Year that has just passed. What have been its good points? What have been its minus points? No human is perfect, God alone is perfect. Correct little mistakes and see that they are not repeated in the New Year. From the old Year we have to learn, and upon the basis of that knowledge we have to make the New Year a better one. The overall law, that prevails in all life upon this earth, is ‘the law of evolution’—ascending from the lower to the higher, further, still higher, still higher, until fullness and perfection is reached.

So, the living of human life is a progression upon the path of evolution. Always keep this in mind and see that everything that you think, everything that you utter and speak, every action that you engage in, takes you further and upward upon this path of evolution and perfection. Human life is intelligent life where you can be selective in your thoughts, selective in your words, selective in your actions, selective in the manner of your relating yourself to life

around you. You must utilise this God-given faculty in the highest measure. Remember this phrase, "human life means an ascent to perfection because the law of evolution prevails". Because you are made in the likeness of God: God is all-full, God is all-perfect, and you are made in His likeness. So the potential for that human perfection, the potential for that Divinity is already there in you. So, that potential should be made patent. That which is latent should be made dynamically patent. Feel your oneness with all humanity, be a world citizen. Say, "Every person living upon this earth is my brother". May the oneness of all life and the brotherhood of mankind be always the guiding sentiment in the living of your life. If there have been any little bitter pills around you and in the things that you have experienced through some others, forget it. Be great, be large-hearted. Forget it. Human imperfection will always be there. Say, "He will also be Ok, he will also evolve". Say that and forget trivial mistakes and always be large-hearted, forgiving, loving, expressing humaneness and friendliness and not allowing anything negative to be in your heart.

My message to the whole world is: You are Divine; therefore your life also should be Divine. Be Divine 100 percent in everything that you do, everything that you think and feel. Then wherever you go, the whole atmosphere becomes uplifted, becomes Divine. Divine thou art, Divine therefore be your life! This is the keynote of the message to mankind that Holy Master Gurudev Sri Swami Sivanandaji Maharaj, our Beloved and

Worshipful Friend, Philosopher and Guide gave to mankind. Divinity! Divinity! And I reiterate this keynote of His teachings. Because, there cannot be a greater and more appropriate message than that which he has given for the whole world. Feel unity in your common Divinity. Never think yourself to be separate, and feel unity, feel brotherhood and friendliness. As the great Sakya Muni Tathagata Buddha said, "Feel loving kindness towards every living being". He called it '*metta*', '*karunya metta*', loving compassion and kindness. '*Metta*' means friendship, Maitri. And study carefully the 12th chapter of the Srimad Bhagavat Gita, specially the last 8 verses. It is called Yoga of Devotion. Lord Krishna tells Arjuna in that chapter:

"O Arjuna, I will now tell you how my devotee, one who has devotion to me, one who calls himself my devotee, how my devotee will conduct himself or herself, how my devotee will talk, how my devotee will move, how my devotee will behave, what is the nature of my devotee!" And He says, "I am telling it for your benefit." These teachings are very rare. And He calls these teachings in the last 8 verses of the 12th chapter '*Nectarine Teachings*'. They are nectar or ambrosia, Amrit. Study that daily. It is a short portion, and it is available in all languages—study those incessantly. The 12th chapter follows after the Lord has shown His universal form to Arjuna in the 11th chapter. Arjuna is overwhelmed. He says, "I am completely overwhelmed. Therefore what all you have told is gone out of my mind. Tell me again the essence of your teachings".

Then the Lord says: "yes" and He gives him the essence of His teachings.

Read also the teachings of the Great Saint of Nazareth—Isa, Jesus—who was born in Bethlehem and lived in the area Nazareth and who ultimately gave up His life in Jerusalem—the given words of this great man, embodiment of Divinity—taken from the four gospels of His disciples Luke, Mark, Matthew, and John. We are given only those words, and each one of you should treat it as your New Year's gift. Read this and read Bhagavat Gita's 12th chapter and make your life sublime, and never forget your real nature! You are like a wave of the ocean. You are a part of the Ocean of Eternal Existence, Ocean of Bliss, Ocean of pure Divine Consciousness - Sat Chit Ananda, Existence-Consciousness-Bliss

Absolute. God is the infinite, limitless, eternal, timeless Ocean of Sat Chit Ananda. Upon that ocean you are a wave. You are also Existence-Consciousness-Bliss. Your real identity, your real nature, dwelling within the visible body is the invisible Divinity. That is your real identity. Live your life based upon the knowledge of that Divinity. Let your life be a process of the manifestation of that higher Truth. May God and Gurudev shower their grace upon you all!

Hari Om Tat Sat

*Om Purnamadah Purnamidam
Purnatpurnamudachyate
Purnasya Purnamadaya
Purnamevavashishyate*

Om Shantih, Shantih, Shantih

LORD VISWANATH

*THE Supreme Light of lights,
Whose head and feet could not be seen
Even by Lord Brahma and Hari,
Who is subtler than the subtlest,*

*Greater than the greatest,
Who is self-existent, transcendental,
Who is causeless, formless and timeless,
Who is my Prabhu, Paribhu and Swayambhu,
In Viswanath Mandir, Shivanandanagar,
He has His abode this day,
To save the thirsting aspirants.
What a great blessing indeed to the Sadhakas!
My prostrations to Lord Viswanath!*

Sivananda

THE BHAGAVADGITA'S MESSAGE OF KNOWLEDGE AND ACTION

(Spoken on Gita Jayanti in 1974)

(Sri Swami Krishnananda)

(Continued from the previous issue)

The Bhagavadgita tells us *sankhya* is to precede yoga or, in other words, knowledge is to precede action. In the terminology of the Bhagavadgita, *sankhya* means knowledge and *yoga* means action. We should not do anything without understanding what we are doing, but how are we to understand what we are doing? What is the meaning of understanding? Everybody understands what he is doing. Don't we know what we are doing? When we get up in the morning, take our tea, go to the bazaar and purchase something, quarrel with somebody, we are doing so many things with an understanding of what we are doing, so what is the Bhagavadgita for? Everyone has knowledge of what he is doing, so in that sense the Bhagavadgita is useless.

Well, this is not the type of understanding that is expected of us. Whenever there is tension in our action, it means we have not understood the nature of our action. If an action that we perform, even if we regard it as a so-called duty, brings about an adverse reaction or sorrow as a result, it means we have not understood it, because the

good cannot bring a bad result. *Similiasimilibuscurentur*, as medical people tell us. There is similarity, harmony, between the means and the end. If good proceeds from us, how can the result of it be bad? How can we cry and grieve as a consequence of what we have done? "Oh, I have done so much good and yet people are abusing me and throwing stones at me." We have not done good. We may be thinking that we have done good, but there has been a small error creeping into our goodness, on account of which Nature has revolted against us.

The Bhagavadgita says that we must act in such a manner that there is no revolt from any side as a consequence of the action that we perform. What type of revolt can we expect? God Himself can revolt against what we are doing, Nature can revolt, our own conscience may revolt, and human society may revolt. These are the four types of opposition that we can have. We must be harmonised: *samatvam yoga uchyaate*. What is the meaning of *samatvam*? What is harmonisation? We have to be harmonised with what is visible as well

as invisible. The principle of right action is mentioned in the Eighteenth Chapter of the Bhagavadgita, which also tells, at the same time, what is wrong action.

As we are concerned with the principle of right action, we may consider what the Bhagavadgita tells us in respect of this issue. What is right action? It is that motivation and activity which is based on a proper assessment in proper proportion of the factors that are involved, factors that are contributory to the success of an action. An action becomes successful when the causes of that action are properly harmonised. If the causes of the action are not properly harmonised, there will not be success of the action. There will be only failure.

What are the causes of an action? The Eighteenth Chapter tells us this in one of its verses. We are wrongly under the impression that we are the causes of the action. Everyone thinks, "I do this work. I go there, I come here, I say this, I want this, I do not want this," and so on. This is egoistic action, as the Bhagavadgita tells us. If we are convinced that we are independently, individually the source of all the activities that proceed from us, we are egoists because we have disregarded all the other factors that were contributory to the action.

Medical people know that 450 or so muscles are working when we stand up on our two legs. When we stand up, these 450 muscles are very active and very conscious that we are standing; otherwise, we will fall down. But who is aware of this fact? We think we are standing, but it is not so simple an affair. Not merely this, the brain is active, the

heart is active, the lungs are active, the alimentary canal, the respiratory system—everything is active when we are merely standing up. In that simple act of standing, so many factors are involved that we are unaware of. And to understand the various factors of an action is even more difficult.

The Bhagavadgita tells us that action does not wholly proceed from our personality, though our personality is the channel of the projection of the action. It is only a channel of the motivation of a wider force which is invisible to the senses. An electric bulb is shining here. Can we say it is only the bulb that is responsible for the light? There is a filament inside which is heated up by a force which is called electricity. Where is the electricity? It is coming through a wire. From where has the wire come? It was manufactured by somebody. And who has fitted it? Somebody else. What is its connection with the powerhouse, and who is working there? So many people. What are they doing? With so many machines, many things are done. And how is electricity generated? So many other scientific factors are involved. With all these considerations, we have a little twinkling of light here.

The Bhagavadgita tells us, "My dear friend, so many things are involved in a single action of yours, of which you are unaware; therefore, you are mostly not successful in your actions." *Adhithanam tatha karta karanam cha prithagvidham, vividhascha prthakcheta daivam chaivatra panchamam.* At least five factors are mentioned among the many others that can be conceived in this context. *Adhithana* is the complex

of this psychophysical organism. That must be in proper order. The body should be healthy, the mind should be sane. If there is a sick body with jaundiced eyes and an insane mind, what will happen if activity proceeds from it? We know very well the consequence. The *adhithana*, or the basis or repository, should be well prepared. And *karta* is the individualised form of consciousness which is the medium through which action is manifest. In our case, it is the intellect from which the ego is inseparable. The intellect should have made a proper judgment beforehand, prior to the conclusion that such and such a step has to be taken in the form of an action. Judgment precedes action. We do not suddenly rush in where angels fear to tread.

Karanam cha prithagvidham: The various instruments of action are also to be correct. Suppose a scientist in a laboratory is using a very powerful microscope in order to study atoms, electrons, and so on, and goes on peeping into the microscope very carefully throughout the day. But if the microscope is not properly made, and he himself has cataracts in his eyes, what will he see through the microscope? He will come to a very wrong scientific conclusion, and will proclaim this wrong conclusion to the newspapers. Blunderous results will follow. His eyes must be healthy, and his instruments should be properly fitted. *Karana* is the instrument. It should be healthy and properly made.

Vividhascha prithakcheta: The motive behind the action also comes. Why are we doing this action? The motive

is the moral force, meaning or significance that is behind an action, and it colours the action to a large extent, if not entirely.

Daivam chaivatra panchamam: There is a very, very important fifth factor. As Shakespeare has put it, there is a divinity that shapes our ends, rough-hew them how we will. Whatever be our effort, whatever be our sweating, there is something else that decides the fate of our action. Whatever be the argument of an advocate in a court, the deciding factor is the judge. The judge will hear the arguments from both sides and finally, he is the deciding factor. Now, we will have a doubt in our mind: "Will God decide against my motive? Then it is very pitiable. Suppose I do something and God simply disposes of the entire motive of my action; what is the good of my doing anything? This is a sorrowful state of affairs."

Samatvam yoga uchyate: Again the same principle of action, harmony, is here called yoga. Harmony is the will of God. This is an essential factor in any kind of successful action. God will not act against us if our will is united with the divine will. The law will not punish us if our action is in consonance with the law. Why should the law punish us? It is because we go against it. We curse the law. "Oh, stupid thing, the law is harassing me." Why does it harass us? Because we do not know what it means and we do not want to follow its mandates. We have a law of our own, contrary to the prevailing law, so why should it not trouble us? Whose mistake is it?

(To be continued)

YOU ARE DIVINE! KNOW THIS TRUTH! LIVE TO EXPRESS IT!

(Sri Swami Atmaswarupananda)

A number of years ago, when Pujya Swami Chidanandaji's morning talks were being edited and prepared for publication, the editors asked themselves a question: "What is the essence of what Pujya Swami Chidanandaji is trying to teach us?" They came up with three short phrases: You are Divine! Know this truth! Live to express it!

Pujya Swamiji never tired of telling us that we are Divine. Divine means undivided, one. Our minds are divided between a subject that thinks that it is the centre of the universe and everything else that it sees as its object, including God. That is our *prapancha*, that is our *maya*, that is our illusion. "You are Divine," Pujya Swamiji said, which means that we are an integral part of the Whole, an *amsa* of *parabrahman*. That truth we must know. It has to not only become our knowledge, but our experience.

The truth of oneness can be understood intellectually and it can be felt emotionally, but that doesn't really convince us. We need direct experience. In the beginning, direct experience comes as insight, intuition; things that we have thought about—or perhaps we have never thought about—suddenly become crystal clear to us. Sometimes the revelation is lasting; other times it becomes forgotten. In any case, it becomes part of our evolution.

But finally, the direct experience that is most convincing is when all separation disappears. We can have an experience

where the entire world disappears, and we alone remain as what could be called conscious existence. Even more helpful is another experience that both Gurudev and Pujya Swami Chidanandaji referred to as the no-mind state, where everything is perfectly normal, the world in all its variety remains, but our sense of separation has totally disappeared. Everything is our own Self, only we don't say it; it just is. There is no one separate to say it.

Why then, if we have had direct experience, do we also need to live to express it? The true reason, the great reason is because we are not here for our sake. Rather we are the One expressing Itself. Therefore, we live to express that truth of oneness. But there is also a practical reason for doing it. Because, even if we know the truth by direct experience, it doesn't mean that all parts of our being have been brought in line with that understanding. Ramana Maharshi was fully realised at age 17, but they say that it took about 30 years for it to settle. So the realisation can be there, but there is a difference between realisation and perfection. Therefore, we live to express it not only because that is our ultimate purpose in life, but to complete the purification of our mind.

Thus, Pujya Swami Chidanandaji declared to us all in so many different ways this beautiful triad: You are Divine! Know this truth! Live to express it!

□ □ □

MY PERSONAL EXPERIENCE

(Sri T. Venkatramayya, Rangoon)

I received a lot of help in all matters regarding the physical, mental and spiritual faculties through the kindness of His Holiness Swami Sivanandaji of Rishikesh from time to time. By correspondence only, I was able to gain more the hidden treasures and I am confident that it is through him and his valuable instructions that I can secure the Divine Light. His teachings and lessons are like staircase and if they are climbed step by step in the spiritual ladder, it is certain that one can get immortal joy and happiness. All these lessons have immensely benefitted me and I have been trying to follow them strictly to the very letter. Whenever I feel perplexed in my Sadhana, I at once write to the Swamiji for immediate help so as to avoid further complications later on. That has, all the way, helped me to rise higher and higher in the spiritual practice. Although I got myself acquainted with the Swamiji some two years ago, I have had many strange experiences during my course of Sadhana and all the more a change in my nature has suddenly taken place. Inspired by Swamiji, I have been able to do many things which could not have been done by an ordinary human being. It is not an exaggeration to say that I have really derived much benefit in spiritual direction. A year later, I had to go on a pilgrimage tour throughout Northern India and in the course of my tour, I happened to visit Swamiji at Ananda Kutir and much more so, this visit has greatly helped me in my further Sadhana. His best advice is a soothing balm to the sufferers. The Swamiji clears all the stumbling blocks in the course of one's spiritual practice, only if his valuable instructions are strictly followed and carried out fearlessly. This is my rich experience gained from Sri Swamiji.

The Divine Life Society was started at Rangoon two years ago with a handful of members. During the course of a short period of two years, the members improved much in their spiritual career. To boot all the Divine aspirants have realised that by reading Swamiji's pamphlets and leaflets issued from time to time, they have chosen all the paths having Jnana Yoga as the central path. Some have seriously taken to Hatha Yoga practices and especially Mr. Rajagopal after undergoing a strict discipline was able to demonstrate Asanas and Mudras at the First Provincial Conference of the Divine Life Society (Rangoon) in a perfect manner. This was a maiden attempt of his. The Swamiji's teachings are that the goal is one and the paths are many and one may choose any-path suiting his temperament. Just as a person who desires to reach a destination, cannot reach by one means of communication alone, similarly the aspirants have to take different paths to reach the same goal.

Thank God for having a spiritual luminary at the foot of the Himalayas who is trying his level best to render every help to the sufferers in the spiritual path! As for my part, I am finding a new power in me every day after my two years' spiritual Sadhana, experiencing strange phenomena day to day and feeling exhilarated joy for ever.

May Swamiji Maharaj, the cosmic servant, cosmic benefactor, and an embodiment of humility, love and mercy live for many more years to come to infuse hope to the hopeless and give strength to the weak and guide the suffering humanity in the spiritual path. □ □ □

GOLDEN JUBILEE OF SWAMIJI'S BLESSINGS!

(Professor Shrinivas D. Samant)

It was the year 1961-62. We were staying in Ratnagiri in Konkan area of Maharashtra. It was a small town disadvantageously placed. My father (Mr. Damodar K. Samant) was in the State Education Department as an Asstt. Depty. Ed. Inspector, with a very average salary and five sons to look after. The financial condition used to be precarious. During this time one of my elder brothers, Ravindra, who was at that time nine years old (and I was seven years old) was caught with a very queer disease. The medical science, particularly the diagnosis part, was not developed at that time. Even general practitioners were few in a place like Ratnagiri, let alone specialists. The doctor was trying different treatments at random, and my brother was going through a terrible time; slowly his condition was deteriorating. It was almost like irreversible decline.

One day my father's office colleague, Mr. Bhat, who had some experience with Swami Sivanandaji earlier, told, nay in fact persuaded my father to immediately write to Swami Sivanandaji. My father wrote a letter to Swamiji. I do not know the contents of the letter. But from faint recollections I feel that he described the condition of his son, his own faith in inevitable destiny, the need for strong faith in God, the need of a very stable mind in such a situation, and he requested Swamiji's blessings.

I am highly surprised by the time-line of this event. My father's letter dated 30th July 1962 reached Rishikesh and was immediately replied to by Swamiji on 3rd August 1962 in spite of his hectic schedule, and the reply reached Ratnagiri on 6th August! It is a real miracle that my father's letter sent from Ratnagiri reached a remote place like Rishikesh, and the letter from His

Holiness blessing my brother reached us back within a week. Even today it would take more time. It is truly beyond logical explanation.

In this letter Swamiji wrote:

"Sri D.K. Samant, Ratnagiri,
Rev. Self, Salutations and prostrations.
Om Namō Narayana.

I acknowledge with grateful thanks the receipt of the following which you have so kindly sent: - your letter D/30-7-62. Your way of thinking is correct. Your thoughts are noble ones. Yet it is our duty to try our utmost. I shall pray for your son. You may try Ayurvedic or Homeo medicines. May God bless you with health, long life, peace, prosperity and Kaivalya!

Thy own Self,

—Sivanand"

(the matter in italics is Swamiji's own handwriting).

50 years have passed. After this incidence my brother slowly recovered. He has been having a healthy life throughout since then, and just this year on 30th July 2012 he retired from Bank service at the age of 60, exactly 50 years after my father wrote that letter. Our family indeed was blessed by Swamiji!!

Due to long distance and poor condition no one of us could meet Swamiji or visit the Ashram for a long time, but we all have cherished this memory. That day dawned in 1989, when I visited the Ashram, stayed there for a few days, paid my respect to Swamiji, and subsequently took a life membership of the Society too. It is with a great feeling of gratitude that my family is offering prayers at the lotus feet of His Holiness Pujya Swamiji on the occasion of His 125th Birth anniversary! □ □ □

SIVANANDA VIJAYA

An Inspiring Drama of 3 Acts

“There is a Voice within you which says. I am pure Chaitanya Brahman. Listen to it now.”

By Sri Sundar Shyam Mukut

Translated from Hindi into English by Sri D. N. Jhingan, M.A., LL.B.

(Continued from previous issue)

Synopsis

Act III—Scene 5

A busy hour at the office of the Divine Life Society’s Headquarters. A glimpse of Swami Sivananda supervising the routine work of the Society.

ACT III

SCENE. VI

(Scene:—Outside the Sivananda Primary School premises - Situated on the top of a small hillock it presents a panoramic view of the Ganges, Swarga Ashram and the Himalayan Range on one side, and a forest-clad hill on the other, which forms a fitting background for the white turret of Vishwanath Mandir. On the third side facing the School is the Bhajan Hall which resounds with the unbroken stream of melodious Mahamantra Kirtan.

Kamala comes up the hill, prostrates before Lord Vishwanath, then goes round the Bhajan Hall, singing.)

*Come here, my dear Krishna Kanhai
Mein-ne tere khatir hridaya andar
building banayi*

*For you My dear Kaga (Kanga) Udaya
Sugar-candy, butter, Sadileri tere
Rijhaya*

*(Curd, butter, Sadileri tere Rijhaya)
So much delay, so much delay Tum
kyon lagayi
Mein-ne tere khatir hridaya andar
building banayi*

*Remembering everyday asu bahaya
Come to my house my dear Arati phiraya*

*Why far, why far, rahe Kanhai
Mein-ne tere khatir hridaya andar
building banayi*

(Come here my dear.....)

*I weep in thy memory, O Krishna Kanhai!
In coming so much delay you make,
say why?
In the world have I what other support
I pray.
My boat is caught in midstream and far
off the shore
Why this trouble surrounds me,
O My God! to-day.
In coming so much delay you make,
say why?*

*O Player of the flute! Let me hear
thy tune
Awaken my destiny which lies fast
asleep.
When shall I listen my call, O dear
Kanhai.
In coming so much delay you make,
say why?*

*My hopes and desires are all burnt alive.
The flowers of passion all crushed
Mid-fingers.
Redeem my lost Fortune,
O Shyama Kanhai.
In coming so much delay you make,
say why?*

(Enter Suresh and Rajesh)

SURESH: You did not come to the Ashram to-day to study the Gita, sister.

KAMALA: Yes brother, I had to remember by-heart this Bhajan for

Swamiji's birthday which comes off to-morrow.

SURESH: Yes, it is to-morrow. (To Rajesh) Have you prepared your lecture, Rajesh?

RAJESH: Why not. Can I ever forget it? Listen, "God is that power....."

SURESH: Stop. I shall hear it to-morrow.

KAMALA: Will the Swamiji's dramas 'Divine Life' and 'Brahmacharya' be enacted this time, dear brother?

RAJESH: Yes, and also 'Mirabai'.

KAMALA: Then it will be a real pleasure.

SURESH: Yes. They say that some Sadhaks will be coming from outstations to-day.

KAMALA: They have arrived. Swami Ramananda from Brindavan, Dr. Hetram from Amritsar, Engineer Desai from Calcutta and a Madrasi gentleman has come only this morning.

SURESH: All right. Let us prepare our lecture and drama then.

KAMALA & RAJESH: Come let us go.

(Exit all)

[SCENE TRANSFER.]

NEWS AND REPORTS

SWAMI CHIDANANDA BIRTH CENTENARY CELEBRATIONS

Sri Swami Chidanandaji Maharaj was one of the foremost disciples of Worshipful Sri Swami Sivanandaji Maharaj. He was born on 24th September 1916 in Mangalore in his maternal grandparents' house. He was known as Sridhar Rao.

Although Swamiji's parents were living in Madras (presently Chennai), Swamiji continued to grow under his maternal grandparents' care since he lost his mother at a very tender age. They also held to child Sridhar Rao to get over from the grief of their daughter's untimely demise. Swamiji's father's lineage can be tracked to the great Maratha king Chhatrapati Shivaji's period. After the Maratha king occupied the southern India, he appointed Governors and Ministers from the Marathas to rule those territories. One of Swamiji's ancestors, a Maratha Brahmin was appointed as the Treasurer of Tanjore Kingdom. That lineage continued with personalities who were well versed with administration as well as Sanskrit and Tamil Literature.

The little boy was put up in different Christian Convent Schools in Mangalore for elementary education where he continued up to Fourth Form when his

father took him to Madras to be with his family. They were living in a palatial house in Kimberley gardens, a prominent landmark in Madras. Sridhar continued his schooling from Fifth Form at A.C. Muthaiha Chettiar High School, Madras. Later he joined Loyola College for graduation, which he completed in 1938. While in Madras, Sridhar was very close to one of his uncles, who was more or less of his age and they used to talk about Sri Ramakrishna Paramahansa mostly. They would be so much engrossed in this topic that they sometime lost track of time and the conversation would continue through mid-night until the elders had to reproach them to go to bed. Sridhar's favourite spot in Madras was Sri Ramakrishna Mission in Mylapore, which he used to visit very frequently. There was a famous market in Madras named Moore Market, where one can get vast varieties of second hand books. It was here while Sridhar was browsing through some old books, he came across a magazine called 'My Magazine', which carried an article by Sat Gurudev Sri Swami Sivanandaji Maharaj among the other articles on different topics. It was for the first time, Sridhar came in contact with Gurudev. Fascinated by the

article, Sridhar started to correspond with Gurudev. This is how Sridhar came in contact with Gurudev, who would later succeed Gurudev in His Mission. The whole thing was narrated by Swamiji himself on many occasions at Shanti Niwas.

During his college days, Sridhar once went away to Tiruvannamalai (driven by dispassion) without informing anyone. The perturbed family was searching for him everywhere until their family cook spotted him accidentally in Tiruvannamalai. Following this incident, Sridhar's grandmother extracted a promise from him that he won't repeat such hasty decisions of his own until he completes his graduation. To this, he agreed and waited until 6th March 1943, when he left his home once for all and headed to Tirumala Tirupati. There Swamiji stayed on the hill for ten days having darshan of the Lord Venkateswara again and again. From there Swamiji went to Shirdi, where he got himself immersed in the grace of Shirdi Baba ji. After a month's stay at Shirdi, Swamiji came to Rishikesh. He reached Gurudev's Feet in the year 1943 on that year's Buddha Purnima Day which happened to occur on 19th of May. Swamiji served in various departments and he took special interest in the hospital and in serving the lepers. In the year 1948, Gurudev appointed him as the General Secretary of the Ashram. Gurudev conferred upon him the holy order of Sannyasa in the year 1949 and gave the name Swami

Chidananda Saraswati. Swamiji accompanied Gurudev during his All India Tour in the year 1950.

Gurudev sent Swamiji to the West in the year 1959 upon the request from earnest seekers from the West. Swamiji toured in various countries spreading the message of Gurudev and returned to the Ashram in the year 1962. After his return from the West, Swamiji took Parivrajaka life (Wandering) for a year visiting various Pilgrimage centres in India and returned to the Ashram in June 1963, just in time to be with Gurudev during the last moments of his earthly sojourn. After Gurudev's Mahasamadhi in July 1963, Swamiji became the President of The Divine Life Society in August 1963.

As a President, Swamiji travelled extensively both in India and abroad taking all the devotees of Sat Gurudev Sri Swami Sivanandaji Maharaj into his fold. He took the message and love of Gurudev to all the devotees. Swamiji served for nearly 65 years and was always available for the devotees till 2001. After his health took its toll, Swamiji had retired to seclusion in Shanti Niwas, Dehradun and stayed there till his Mahasamadhi in August 2008. During his life time, Swamiji has touched thousands of devotees very deeply that they have enshrined him in their hearts. He endeared himself to thousands of people all over the world.

As his Birth Centenary is drawing closer, which will fall on 24th September

2016, numerous devotees keep on enquiring about his Centenary Celebrations. Though for us Swamiji Maharaj belongs to the saint of highest order, Swamiji always considered himself as the 'Servant of Gurudev'. Through and through Swamiji glorified Gurudev and he stressed never to glorify him while Gurudev is present among us eternally. He emphasised upon this time and again and he himself used to remark that by some good virtue, he came in contact with Gurudev and his good fortune gave him the opportunity of serving His Mission and after his service is over, he just wanted to go away without leaving any trace. Although our heart longs to celebrate the events of his life in a grand and befitting manner, his command weighs heavily upon our hearts. In this regard, the matter was discussed in an elaborate manner taking all the aspects into consideration, in the recent Board of Management Meeting held on 23rd November 2012 and in the Board of Trustees meeting held the next day, the honoured members had come to the following conclusion.

1. Centenary celebrations of Worshipful H.H. Sri Swami Chidanandaji Maharaj may be held at International level at Headquarters Ashram.

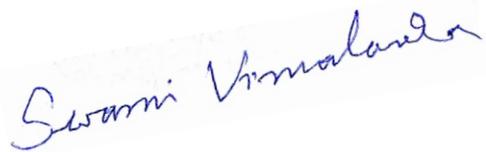
2. The Branches, States and other Nations like Australia, New Zealand, Malaysia, and South Africa, etc., may hold appropriate programmes in their respective areas.

3. The main programmes may be held during the year 2015-2016 at various countries outside India and at State/Branch Level in India culminating in International level programme at Headquarters Ashram.

4. Major Divine Life Society Branches in India may start preliminary work at grass-root level during the year 2014-2015 by organizing children's and youth's camps, Zonal seminars/conferences/Shivirs, charitable activities at Branch level, especially in the field of Education for poor and needy children, serving the sick and lepers, etc., which were very dear to Pujya Swamiji Maharaj.

5. From the year 2014, the usual Divine Life Society Conferences/Shivirs held by the States may be held under the auspices of "Sri Swami Chidananda Birth Centenary Celebrations". The energy and funds may be spent for more purposeful and creative projects like building Schools, Hospitals and similar service projects.

With kind regards, Prem & Om,
Yours in the service of Gurudev,



Swami Vimalananda,
President.

CULTURAL TOUR OF SRI SWAMI YOGASWARUPANANDAJI, HONY. TRUSTEE/VICE-PRESIDENT OF DLS HQRS.

Mr. Naoichi Kumagai, in-charge, Yoga Teachers' Association, Japan, and Ms. Fumiko Oyama who came to Sivanandashram, invited Sri Swami Yogaswarupanandaji to visit Japan in October, 2012 and arranged Yoga Retreats. Mr. Kenji Tomonaga took responsibility to arrange Travel documents.

From 4th to 7th October, 2012 Swamiji attended Satsangs organised by Sri. H.R. Bhounsle at Singapore. During Satsangs Swamiji talked about glory of Divine Name, life and teachings of Gurudev Swami Sivanandaji Maharaj.

From 10th to 14th October Swamiji stayed at Sakuramoto Temple in Mt. Yoshino, near Osaka, Japan, and attended the Yoga Retreat Organised by Mr. Naoichi Kumagai and Mr. Yutaka Oasa. Swamiji spoke on Life and Teachings of Gurudev Sri Sivanandaji Maharaj; Raja Yoga; Essence of Yoga; Vedanta and cleared doubts in the practice of Yogasanas, Pranayamas, Japa and Meditation. Ms. Fumiko Oyama helped in translation of all talks. From 15th to 30th October Swamiji stayed at Tokyo, attended the Yoga Retreats Organised by Ms. Masako Inoue at Chofu; Ms. Maki Jungheim at Izu; Mrs. Jyunko Tomonaga at Tomonaga Yoga Academy, Tokyo; and by Mr. Kiyoshi Naruse at his centre. Tomonaga Yoga Institute organized special retreat at Kusatsu, a health resort centre, away from Tokyo from 25th to 28th October, in addition to organizing a special Satsang on 29th October at their main centre at Tokyo. Ms. Takae Funasaka and Mr. Kenji Tomonaga helped in translation of swamiji's talks. From 31st October to 5th November Swamiji stayed at Takasaki, attended the Yoga Retreat organised by

Yoga Teacher and Accupunture Specialist Dr. Tadashi Kanno at his Aiki Yoga centre at Takasaki. On 4th November there was a special Satsang organised by well-known religious group leader Revered Mr. Hodo Tahara Sensei in which Swamiji talked about "Integral Yoga of Swami Sivananda".

From 6th to 17th November, 2012 Swamiji attended the programmes organised by The Divine Life Society (Hong Kong Branch) Yoga Centre in addition to meeting the Committee members of the Branch and DEEPAVALI special Satsanga. There was a public talk on "Yoga and Daily Life" at North Point Yoga Centre of the Branch on 7th November. As in previous years Swamiji visited the Big Buddha at Po Lin Monastery on Lantau Island on 8th November. From 9th to 11th Swamiji conducted Yoga Camp at Cheung Chau island for specially selected 84 participants, talked about Isa Upanishad and answered questions to clear doubts in the spiritual practices in their daily life. There was a special farewell Satsang attended by Hony. Permanent President Mrs. Leung Wong chi Mei, 98 years. Mrs. Eva Kwan, ex-president of the Branch, Mrs. Prakashini (Ng chi Man) present President of the DLS Branch presided over the meetings. As in previous years Shri HARIJI helped in translation and continued to guide the Branch members.

During stay at Hong Kong Swamiji attended Gita study group (NRI) members' Satsangs, participated in Bhagavadgita discussions. Like in previous years DLS Hong Kong Branch took help from Mrs. Shashi Veer ji and Mr. Dharam Veer ji to provide boarding and lodging facilities to Swamiji during his stay at Hong Kong.

DISSEMINATION OF SADGURUDEV'S DIVINE MESSAGE IN SOUTH AFRICA

All the DLS Branches of South Africa are working devotedly and enthusiastically to propagate Sadgurudev Sri Swami Sivanandaji Maharaj's universal teachings. To seek blessings and guidance, they solicit the presence of Senior Swamis of Headquarters Ashram from time to time.

In response to the kind invitation of Sadgurudev's devotees in South Africa, H. H. Sri Swami Padmanabhanandaji Maharaj, General Secretary, DLS Headquarters, undertook a cultural tour to South Africa from 29th November to 18th December 2012. Sri Swamiji arrived at Ananda Kutir Ashram, Cape Town on 29th November to attend the three day celebrations of 30th Anniversary of Mahasamadhi of Worshipful Sri Swami Venkatesanandaji Maharaj as well as of the establishment of the Ashram. On 30th November, Sri Swamiji conducted morning meditation session and guided the devotees regarding the practice of meditation. In the evening, Sri Swamiji inaugurated a children's drama 'The Dividing Lion'—an adaption of play written by Worshipful Sri Swami Venkatesanandaji Maharaj and also addressed the gathering highlighting the importance of art, drama and music in inculcating spiritual values in children and adults. Sri Swamiji blessed the

gathering with his talk on 'Satsanga' in the evening programme on 1st December. On 2nd December, the Punyatithi Aradhana day of Worshipful Sri Swami Venkatesanandaji Maharaj, Sri Swamiji conducted Puja to Sadgurudev's Murti wherein all the Swamis of Swami Sivananda fellowship in South Africa participated along with Revered Sri Yogeshwari Mataji and Revered Sri Swami Parvathiananda Mataji, the founders and spiritual heads of the Ashram. Sri Swamiji also gave a soul-stirring discourse on the importance of worship. Sri Swamiji left Cape Town on 3rd December for his one day stay in Durban. Sri Swamiji blessed the devotees in Home Satsangs in Durban and proceeded to eShowe to attend the Unveiling Ceremony of Sivananda Peace Pillar.

To promote peace and harmony in South Africa, Sri Ishwar Ramlutchmanji, an ardent devotee of Sadgurudev Sri Swami Sivanandaji Maharaj from South Africa, has committed himself to install Sivananda Peace Pillars across South Africa. Nine Peace Pillars have already been installed at different places of South Africa. Recently the 10th Sivananda Peace Pillar was erected at Fort Nongqayi Museum in eShowe, KwaZulu-Natal. On 4th December, Sri

Swamiji together with His Majesty King Goodwill Zwelithini, King of Zulu Nation, the Consul General of India, Sri Vinod Kumar Sharma, the Mayor of uMlalazi, Councillor T B Zulu, the Mayor of Uthungulu District Municipality, Councillor T V B Mchunu and Sri Ishwar Ramlutchmanji, President Sivananda World Peace Foundation unveiled the 10th Sivananda Peace Pillar in eShowe. Sri Swamiji, on behalf of the Divine Life Society Headquarters, Rishikesh, also received a Citation in appreciation of wonderful humanitarian services rendered by the Society in South Africa by the Mayor of uMlalazi Municipality (the Citation printed separately). Thereafter, Sri Swamiji proceeded to Pietermaritzburg.

On 6th and 7th December, Sri Swamiji attended Satsangs at Sri Radhakrishna Mandir organised by Integral Yoga Society. On 8th morning, Sri Swamiji guided the devotees in a Yoga Retreat. In the afternoon, Swamiji proceeded to Durban and conducted guided meditation classes for youths participating in the Youth Leadership Camp 2012 organised from 8th to 10th December by Sarva Dharma Ashram. Sri Swamiji visited the DLS South Africa

at Reservoir Hills on 10th December to attend the Satsanga organised on the Mahasamadhi day of Pujya Sri Swami Sahajanandaji Maharaj. On 11th December, Sri Swamiji proceeded to Tongaat to attend a special evening Satsanga organised at Sri Veerboga Cultural Centre Gandhi's Hill by the Vedanta Institute, S.A. The Satsanga was a combination of Bharatnatyam, devotional singing and a spiritual discourse. Sri Swamiji delivered a talk on 'Vedanta for Daily Life'. Thereafter, Sri Swamiji returned to Pietermaritzburg and blessed the devotees in a Satsanga held at the DLS Pietermaritzburg on 12th December. Sri Swamiji also conducted Home Satsangas at different places. On 17th December, Sri Swamiji attended a farewell Satsang and returned to the Headquarters Ashram on 20th December 2012.

The Divine Life Society Headquarters acknowledges with gratitude the dedicated services of all the DLS Branches of South Africa in organising various activities and programmes to spread the message of Sadgurudev. May the blessings of Lord Almighty and Sadgurudev be upon all.

There is a realm where there is neither earth nor water, neither space nor time, neither perception nor thinking, neither light nor darkness, neither East nor West. That is the abode of Brahman where there is everlasting peace and bliss.

—*Swami Sivananda*

SEVA THROUGH SIVANANDA HOME

'Sivananda Home is a Centre for the loving care of the destitute and the dying people who are found by the roadside or with no one to care for them.'

(Swami Chidananda)

One of the inward patients suffered a stroke, which resulted in a paralysis of the right arm and leg. He was admitted in the ICU of a local hospital immediately after it happened, and he regained consciousness a couple of days later. After being stabilized he was discharged from the Hospital and brought back to Sivananda Home. Still he is completely bed-ridden and dependent on nasal tube feeding. Another two patients are admitted too on long-term basis, after they suffered a stroke; they were brought from the roadside, and though not in an acute stage of the illness, they still have to live with a permanent handicap of weakness and paralysis of half side of the body. Besides medicines to prevent a recurrence, massage and exercises, they need assistance for their simple daily activities like bathing and clothing. While living in a family, this minor kind of help is easily taken for granted, but when living a life alone, one comes to know how difficult dependence on others could be.

This month also brought three new patients who suffered from pulmonary TB, and after a thorough checkup by the consulted Doctor they were put on ATT course, and daily supervised medicines are administered, besides a proper diet. The winter is slowly setting in and for people who stay outside on the road, exposed to all weather conditions, day and night, life is for sure challenging. Another patient was

brought in by a handcart, picked up from the roadside by a compassionate passer-by, who hired the cart and got this Baba admitted in the Home. Severely weakened, malnourished and anaemic, he could not walk anymore, he just crawled, and mentioned that he did not have any food intake since one month. His whole body was infested with lice and flees, he had been lying down on the side of the road for a couple of days. Step by step, starting with liquids and light food only, he recuperated day by day. Another Babaji came for admission by himself, suffering from infected open eczema over the whole body. He too got admitted and recovered quickly under medical and nursing care.

"Where will he go? We will have to look after him." This expression had often amazed, when Gurudev took over responsibility for maintaining a destitute calling at his door. The simplest reason for undertaking this duty was that the destitute person had been prompted by the Lord within him to seek refuge at the feet of Gurudev: "the Lord who sends them here will provide for their maintenance also." Among the destitute were widows, the untimely death of whose husbands had left them helpless; women, the ill-treatment of whose husbands or parents-in-law had driven them out of their home; orphans and old people. To them all, Gurudev was the father and the mother too. Gurudev would not question them about their antecedents, about their programme of life, etc. They were in need, and that need was first to be satisfied".

(Excerpt from: "Sivananda's Integral Yoga", by Swami Venkatesananda.)

"Let us behold Thee in all these names and forms. Let us serve Thee in all these names and forms. Let us ever remember Thee. Let us ever sing Thy glories. Let Thy Name be ever on our lips. Let us abide in Thee for ever and ever."

(Swami Sivananda)

CELEBRATION OF THE SIXTY NINTH ANNIVERSARY OF MAHAMANTRA SANKIRTAN YAJNA

Just as fire has the natural property of burning things, so also the Name of God has the power of burning the sins and desires. O Man! Take refuge in the Name of God and cross this formidable ocean of birth and death.

(Sadgurudev Sri Swami Sivanandaji Maharaj)

The Sixty Ninth Anniversary of the Divine Mahamantra Sankirtan Yajna was celebrated with great devotion and spiritual éclat at the Headquarters Ashram on 3rd December 2012.

As a prelude to the Celebration, special collective chanting of the Mahamantra was



done daily for three hours from 27th November to 2nd December 2012. H.H. Sri Swami Vimalanandaji Maharaj inaugurated the special chanting by lighting the sacred lamp at Bhajan Hall on 27th November 2012. On the blessed day of 3rd December, special Kirtan and worship were conducted from 9 a.m. to 11 a.m. at the Divyanama Mandir. A Havan for the peace and welfare of the world was also performed at the Ashram Yajnashala. At 3.30 p.m., a grand procession was organised wherein a beautifully decorated palanquin with the portraits of Lord Sri Rama, Lord Sri Krishna and



Sadgurudev was taken around Muni-ki- Reti by the devotees singing joyfully the Mahamantra. Thereafter, floral Archana was offered to Lord Sri Rama and Lord Sri Krishna to the chants of Ashtottara-shata-Namavali in the Bhajan Hall. The programme concluded with Arati and distribution of holy Prasad. During the night Satsang, Revered Sri Harihar Singhji in his talk spoke on the glory of Mahamantra in Kaliyuga.

May abundant blessings of Lord Sri Rama, Lord Sri Krishna and Sadgurudev be upon us all.



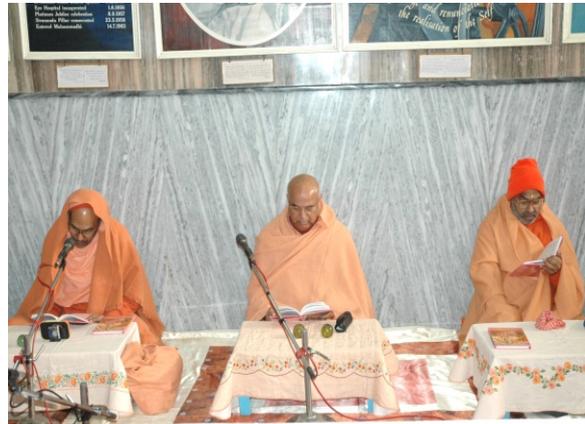
SRI GITA JAYANTI CELEBRATION AT THE HEADQUARTERS ASHRAM

Singing the divine glory of the sacred scripture Srimad Bhagavad Gita, Sadgurudev Sri Swami Sivanandaji Maharaj says—“If the philosopher’s stone touches a piece of iron even at one point, the whole of it is transformed into gold. Even so, if you live in the spirit of even one verse, you will doubtless be transmuted into divinity.”

The blessed day of Sri Gita Jayanti was celebrated with great sacredness and devotion at the Headquarters



Ashram on 23rd December 2012. A Jnana Yajna in the form of recitation of all the eighteen chapters of the Divine Scripture was organised from 9 a.m. to 11.30 a.m. in the sacred Samadhi Hall wherein all the Sannyasins, Brahma-charins and devotees of the Ashram participated. Thereafter, floral Archana was offered to Lord Krishna to the chant of Ashtottarashatanamavali. The Yajna concluded with Arati and distribution of sacred Prasad. A special Gita Havan was also performed at the Ashram



Yajnashala for the peace and welfare of the world.

During the night Satsang, soulful Bhajans and Kirtans were presented by the devotees from the different countries of the world. Two books of Sadgurudev were also released to mark this sacred day. The Satsang concluded with Arati and distribution of Prasad.

May Lord Krishna and Sadgurudev bless us all to strive sincerely to live in the spirit of this glorious scripture—Srimad Bhagavad Gita.



SRI DATTATREYA JAYANTI CELEBRATION AT THE HEADQUARTERS ASHRAM

The sacred day of Sri Dattatreya Jayanti was celebrated with great sanctity and devotion on 27th December 2012 at the Headquarters Ashram. A special Satsanga was organised from 9 a.m. to 11.00 a.m. at Dattatreya hillock wherein the idol of Lord Dattatreya enshrined in the Sri Dattatreya Temple was worshipped with Abhisheka and Archana to the Vedic chants. The



booklets of Sadgurudev—‘Thought Power’, ‘Daily Readings,’ ‘Conquest of Fear’ and ‘Conquest of Anger’ were also released on this blessed day.

May the divine grace of Lord Dattatreya and Sadgurudev be upon all.



devotees presented soul-elevating Bhajans and Kirtans extolling the glories of the Avadhuta Guru as a worshipful offering unto His lotus feet. The Satsang concluded with Arati and distribution of the sacred Prasad.

During the night Satsanga, Revered Sri Harihar Singhji delivered a talk on the significance of surrender to lead a true spiritual life. Two books and two



STUDENT WELFARE PROGRAMME BY SWAMI SIVANANDA KALYANA SAMITI, ODISHA

To impart ethical and spiritual education to the young generation, Swami Sivananda Kalyana Samiti of Odisha organised spiritual discourses at five different schools in the months of October and November, 2012. Sri Madan Mohan Panda, a senior DLS member gave inspiring talks to the students and also apprised them of the Divine Life



at the five schools was 300, 70, 400, 80 and 200 respectively. The Samiti also distributed books 'Divya Prerana', 'Adarsha Balaka' and 'Bhagavad Gita' to all the students and teachers.



Society and its sublime activities. The discourses were organized at P M High School, Kaniha on 6th October, at Tolakbeda Project UP School on 7th November, at Vivekananda Shiksha Kendra, Bijigol on 14th November, at Kandasar U.P. School on 17th November and at Maa Vairabi Ashram High School on 26th November 2012. The number of participating students and teachers



THE EIGHTH ALL ODISHA DIVINE LIFE SOCIETY YOUTH CAMP AND SPIRITUAL CONFERENCE AT BABANPUR, ASKA, GANJAM (ODISHA)

To mark the auspicious occasion of 125th Birth Anniversary of Sadgurudev Sri Swami Sivanandaji Maharaj, the DLS Babanpur Branch organised the Eighth All Odisha Divine Life Society Youth Camp and a Spiritual Conference at Babanpur from 24th to 28th October 2012.

Pujya Gajapati Maharaj Sri Divya Singh Devji inaugurated the programme on 24th October and also addressed the gathering. 800 school and college-going students from different parts of Odisha attended the Camp and more than 3000 DLS Branch representatives and local devotees



participated in the Conference. A systematic daily programme comprising prayers, meditation, Yogasana, Pranayama and spiritual discourses was chalked out for the Youth Camp and the Conference as well.

Sri Swami Sivachidanandaji, Sri Swami Brahmasakshatkarandaji, Sri Swami Dharmanishthanandaji, Sri Swami Sadasivanandaji, Sri Swami Jagannathanandaji, Sri Swami Parampriyanandaji, Sri Swami Nigamanandaji, Sri Swami Ramkripandaji, Sri Swami Jitamohanandaji, Sri Swami Tyagaswarupanandaji, Sri Swami Govindanandaji, Babaji Sri Satchidananda



Dasji, Prof. Hrudananda Ray, Sri Maheshwar Mohanty, Honourable Cabinet Minister (Odisha), Sri Devaraj Mohanty, Honourable M.L.A. (Aska), Smt. Renubala Pradhan, Honourable M.P. (Rajya Sabha) and some other dignitaries guided the youth and also addressed the delegates of the Conference.

By the grace of Lord Jagannath and benedictions of Sadgurudev Sri Swami Sivanandaji Maharaj and Most Worshipful Sri Swami Chidanandaji Maharaj, the Youth Camp and Spiritual Conference were successfully organised.



(YOGA-VEDANTA
ANNOUNCEMENT)

MEMBERSHIP FEE

REPORTS FROM THE D.L.S. BRANCHES

Jalandhar (Punjab): *Regular Activities:* 1½-hour Sankirtan on Sundays; Paduka Puja on Thursdays; Sri Rama-Charita-Manas Maas (month long) Parayana concluding on Purnima with Paduka Puja and special Prasad. *Special Activities:* (1) Bhagavat Saptaha: August 2-9. (2) Punyatithi: Collective recitation of Sri Sundarakanda by 100 devotees. (3) Sivananda Jayanti: Sankirtan, Bhandara – 600 participants.

Jamnagar (Gujarat): (1) Sivananda Jayanti: A special programme in Bal-Sanskara Kendra. (2) Chidanand Jayanti: Satsanga, a talk on Swamiji's life. (3) Eye Camps: 40 patients were sent to Sivananda Mission Hospital for surgical treatment during the month.

Jeypore (Odisha): In addition to the *regular activities* of 2-time Puja and biweekly Satsanga on Sundays, and Havan and Puja on Sivananda Day, the Branch had the following special activities: (1) Sri Krishna Jayanti: 6-hour evening programmes – Puja, Kirtan, Havan, Parayana, reading from Srimad Bhagavatam, midnight Arati, Janmotsava, Prasad Sevan. (2) Punyatithi: 9-hour programme – Prabhat Pheri, Paduka Puja, Svadhyaya, talks, Puja-Arati, Prasad Sevan (midday meal) – 100 participants. (3) A talk on Dhyana Yoga on 23rd August. (4) Sivananda Jayanti: 10-hour programmes – early morning prayer-Japa-Dhyana, Prabhat Pheri, Paduka Puja, Havan, Svadhyaya, Puja-Arati, distribution of 30 food packets to orphan children, Prasad Sevan – 80 participants. (5) Chidananda Jayanti: Similar programmes, 110 participants. (6) Srimad Bhagavad Gita Yajna: after collective chanting of each shloka and Dwadasakshara Mantra as Samput oblations offered, Prasad Sevan on 30th September.

Kabisurya Nagar (Odisha): The Branch had biweekly Satsanga on Sundays and Thursdays, and daily poor feeding under "Swami Chidananda Anna Daan Asahaya Kalyana Prakalpa". Sivananda Jayanti programmes were Brahma-Muhurta prayer-Japa-Dhyana, Prabhat Pheri, Srimad Bhagavad Gita Parayana, Shobha Yatra (procession), Havan, discourses, Prasad Sevan. Chidananda Jayanti was Sadhana Day and Puja was done with one lakh Archana.

Kakching (Manipur): The Branch holds weekly Satsanga with Svadhyaya on Sundays and on Ekadasis.

Kakinada, Madhavapatnam (A.P): The Branch held at Sivananda Kshetram Satsanga on September 19 and 26, Sri Ganesha Chaturthi Bhajans, and Chidananda Jayanti function. It also had Satsanga in Sri Rama Mandir on September 13,20,27 and in Sri Sai Mandir on September 16,23,30. A free Medical Camp was organized on 23rd September. 44 members participated in Sivananda Jayanti functions at the Headquarters.

Kantabanji (Odisha): The weekly Satsanga with Bhagavad Gita Svadhyaya was on Sundays.

Khatiguda (Odisha): The Branch conducted 2-time Puja, weekly Satsanga on Thursdays, Ekadasi Satsanga, and monthly Sadhana Day with 12-hour Akhanda Kirtan of Mahamantra and Narayana Seva on 28th October, and 23rd September(4th Sundays). The programmes on Sivananda Jayanti and Chidananda Jayanti were early morning session, Prabhat Pheri, Paduka Puja, Narayana Seva, Bhandara and special evening Satsanga. It also held discourses by Revered Swami Parampriyanandaji on October 13-14. During Navaratri, Sri Lalita-Sahasranama Parayana, Archana with 108 names of the three Devi's, evening Satsanga were the main items.

Khurda Road, Jatni (Odisha): The Branch had daily Satsanga regularly. As a part of 125th birth anniversary of Gurudev, it organized essay competition in three subjects – students from eight schools took part. In a special function, prizes to winners, certificates to all the participants were given. The function concluded with Jnana Prasad and Anna Prasad to participants and the audience on Sivananda Jayanti, after early morning session, Paduka Puja, Svadhyaya, the winners presented their essays, Arati and Prasad Sevan followed. It organized discourses on Sri Ramayana from September 2 to 11 and 24, on Srimad Bhagavatam from September 12 to 23. Chidananda Jayanti was marked with early morning session, Paduka Puja, Svadhyaya, poor feeding, Prasad Sevan etc., On Gandhi Jayanti, blankets, fruits and dry ration packets were distributed to 50 leprosy patients.

Lanjipalli (Odisha): The Branch conducts Paduka Puja, Satsanga and Narayana Seva on the last Sunday every month. *Special Activities:* (1) Punyatithi: Narayana Seva, Paduka Puja,

chanting, Bhajan-Kirtan. (2) Sivananda Jayanti: Paduka Puja, Satsanga, Narayana Seva. (3) Chidananda Jayanti: Paduka Puja, Satsanga, distribution of food and clothes to the poor, decoration with 96 lamps.

Ludhiana (Punjab): (1) Sivananda Jayanti: A talk on Gurudev's life and teachings, Bhajans, birthday cake. (2) Chidananda Jayanti: Bhajan Sandhya by famous singers. (3) Revered Swami Dharmanshthanandaji's visit: Paduka Puja in the morning, Satsanga in the evening.

Moirang (Manipur): *Regular Activities:* Sunday weekly Satsanga; daily Satsanga for children. *Special Activities:* (1) Sri Krishna Jayanti: Puja, Satsanga, Mahamantra Akhanda Kirtan. (2) Sivananda Jayanti: Paduka Puja, Satsanga.

Nandini Nagar (Chhattisgarh): *Regular Activities:* 2-hour early morning prayer, Patha, Parayana, etc., daily evening Satsanga, weekly Home Satsanga on Thursdays, Matri-Satsanga with Sri Sundarakanda Parayana on Saturdays; 6-hour Mahamantra Kirtan on 3rd of every month. *Special Activities:* (1) Punyatithi: Paduka Puja, a discourse on Sri Ramayana. (2) Purushottama month: daily Parayana of Sri Vishnu-Sahasranama Stotram, August 18 to September 16 and Havan on the concluding day. (3) Sivananda Jayanti: (a) Manasa Goshthi: 12-hour discourses and discussion on Sri Ramayana by 9 eminent scholars from 7 Ramayana Mandalis from different places-300 devotees attended. (b) Brahma-Muhurta Japa-Dhyana - September 6,7,8. (c) Nagar Sankirtan: For 1½ hours every day in three different areas on these three days. (d) 12-hour Akhanda Japa: Of "Om Namo Bhagavate Sivanandaya" Mantra on 7th September. (e) On 8th September, after Paduka Puja 12 principals/teachers were honoured, saints gave discourses and blessings to the assembly of 600 devotees, Prasad Sevan by all, fruits distributed to the patients. (4) Chidananda Jayanti: Havan in the morning, Sri Ramayana in the evening (5) Sri Ganesha Chaturthi: 2-time Puja for 10-days, on the concluding day Havan and Prasad Sevan. (6) Navaratri: 28 Jyoti-Kalash remained lighted all along. On the concluding day Havan and Kanya Puja, Prasad Sevan by 100 devotees. (7) Bhagavat Saptah: during Navaratri.

Nayagarh (Odisha): The Branch held Satsanga on Wednesdays and Sri Sundarakanda Parayana on Saturdays. On Sri Krishna Jayanti: Puja, Mantra Japa, Srimad Bhagavad Gita and Sri

Vishnu-Sahasranama Stotra Parayana, Abhisheka, Tulsi Archana, midnight Arati, Prasad Sevan were the main programmes. The main programmes on the Punyatithi, Sivananda Jayanti and Chidananda Jayanti were early morning session, Paduka Puja, Svadhyaya, Narayana Seva, evening Satsanga.

New Delhi, Sri Swami Sivananda Cultural Association: *Regular Activity:* Weekly Satsanga on Sundays with Parayana of Srimad Bhagavad Gita on the first, of Sri Vishnu-Sahasranama Stotram on the second, of Sri Sundarakanda on the fourth, and Paduka Puja on the third Sunday. *Special Activities:* (1) Sivananda Jayanti: (a) Revered Swami Sivachidanandaji's talk on Gurudev on 2nd September and Bhandara Prasad. (b) 8th September: Paduka Puja, Bhajan-Kirtan, and a programme on Gurudev's life by the students of Sivananda Vidya Bhavan, a sumptuous Bhandara. (2) Chidananda Jayanti: (a) A Free Medical Camp on 23rd September, 5-Specialist doctors gave honorary service. (b) 24th September: Paduka Puja, a documentary on Swamiji's life and teachings was shown, Sankirtan by school children.

Paralakhemundi (Odisha): The Branch conducted 2-time Puja, Paduka Puja in the morning and weekly Satsanga in the evening on Sundays, Home Satsanga on Thursdays. It organized daily Satsanga from September 8 to 24 and Paduka Puja on the two Jayantis.

Rajkot (Gujarat): *Main Activities* during July-August-September: Weekly Satsanga with discourses at Sivananda Bhavan on Sundays; Satsanga at Nilkanth Mahadev on Saturdays - recitation of Siva-mahimna and other Siva Stotras daily during Sravan by 100 devotees on Saturdays; Satsanga at Railnagar on Thursdays; Sadhana days on Sri Guru Purnima, Sivananda Jayanti, Chidananda Jayanti. *Social Service:* (1) Homeopathic Clinic: 1500 patients treated, (2) Free Eye Camps: 7 Camps in 5 villages, 1050-patients treated, 237-sent for free surgical treatment. (3) Eye Clinic on Saturdays, 95-patients examined, 10-operated. (4) Dental Clinic: On Saturdays - 37patients, 25given dentures at subsidised rate. (5) Dental Camps: 4-camps in remote areas, 137-patients treated, dentures fixed to 13-patients. (6) Distributed text books and exercise book valued at Rs.1,10,000/- to 500-students, dry ration worth Rs.40,000/- to poor families, 6-tricycles to handicapped persons, Rs. 22,000/- for medical aid to 4-patients. Also

sent Rs.51,000/- to Chidananda Ashram, Ganeshpur for helping Uttarkashi earthquake victims. The Branch has started free coaching classes for students preparing for Board examinations. A water cooler was installed at Sivananda Bhavan for supply of water to patients.

Rourkela (Odisha): *Regular Activities:* Daily early morning session followed by Yogasana class – 20-participants; Paduka Puja in the morning and Satsanga in the evening on Thursdays; Weekly Home Satsanga on Sundays; Paduka Puja on Sivananda Day; Paduka Puja in the morning and evening Satsanga on Chidananda Day; Sivananda Homeopathic Dispensary on Thursdays and Sundays. *Special Activities:* (1) Sivananda Jayanti: Prabhat Pheri, Paduka Puja, speeches on Gurudev's Life and Teachings; Narayana Seva on a large scale, Prasad Sevan, 125-lamps decoration in the evening. (2) Chidananda Jayanti: Prabhat Pheri, meditation, Yogasana, Paduka Puja, talks on Swamiji's Life and Teachings, Narayana Seva on a large scale, Prasad Sevan by more than 500-devotees, 96-lamps decoration and Satsanga in the evening. (3) Sri Rama-Charita-Manasa daily Parayana. (4) Ashram Pratishtha Day: Prabhat Pheri, Paduka Puja, Rudra-Abhisheka, Srimad Bhagavad Gita Parayana, Narayana Seva, Prasad Sevan, evening Satsanga.

Rourkela, Steel Township (Odisha): The Branch had Paduka Puja on Thursdays and weekly Home Satsanga. *Special Activities:* (1) Sivananda Day: A Sadhana Day – early morning session, Prabhat Pheri, Paduka Puja, recitation from Manas, Bhagavad Gita, of Sri Hanuman Chalisa, a talk on Gurudev's Life and Teachings, Japa, Narayana Seva, Prasad Sevan. (2) Lecture Series: September 17 to 23 by a senior devotee. (3) Chidananda Jayanti: Morning meditation, Prabhat Pheri, Paduka Puja, recitation, Mantra Japa, Narayana Seva, Prasad Sevan.

Salipur (Odisha): *Regular Activities:* Daily 2-time Puja-prayers-recitation; daily evening Svadhyaya and a spiritual talk; On Sundays, Srimad Bhagavad Gita Parayana on the first, Yogasana-meditation on the second, Sadhana Day on the third, and 6-hour Akhanda Mahamantra Japa on the fourth Sunday; Sri Sundarakanda Parayana on the second Saturday; Paduka Puja on Sivananda Day; 109-patients treated through Swami Sivananda Charitable Hospital in two months; Yoga/Sadhana class-71 participants in two months. *Special Activities:* (1) Sri Hanuman Chalisa: 108-Avartan on 15th June.

(2) Sri Jagannath Puja: On Sri Gundicha on 21st June. (3) Sri Krishna Jayanti: special Puja. (4) Punyatithi: special Satsanga.

South Balanda (Odisha): *Regular Activities:* 2-time Puja; weekly Puja on Fridays; 3-hour Sri Mahamrityunjaya Mantra Japa on the Sankranti Day; 3-hour Akhanda Mahamantra-Sankirtan on the last Saturday every month. *Special Activities :* (1) Sivananda Jayanti: (a) a special Satsanga on 6th September. (b) discourses on 7th and 8th (c) on 8th September: Prabhat Pheri, Brahmamuhurta prayer-Dhyana; Paduka Puja with 1000-Archanas; Shraddhanjali speeches; Narayana Seva at Blind and Deaf-Dumb Students' School, Prasad Sevan. (2) Revered Swami Sivachidanandaji's visit: special Satsanga on September 19 and 20. (3) Chidananda Jayanti: Prabhat Pheri, Brahmamuhurta session, Paduka Puja with 1000 Archana evening Satsanga. (4) Bhagavat Saptaha: October 5 to 11.

Srikakulam (A.P.): Sivananda Jayanti: Nagar Sankirtan, Paduka Puja, discourses by some eminent persons, Maha Narayana Seva – lunch to 3000-persons.

Sunabeda (Odisha): *Regular Activities:* Biweekly Satsanga on Thursdays and Sundays with Svadhyaya of Bhagavad Gita, Paduka Puja on Thursdays; Yogasana class for ladies. *Special Activities:* Sri Krishna Jayanti: Paduka Puja in the forenoon, 7-hour evening session – Bhajan-Kirtan, Srimad Bhagavat Skanda X, Svadhyaya, Puja-Abhisheka, midnight Arati, Janmotsava, Prasad Sevan. On Punyatithi, Sivananda Jayanti and Chidananda Jayanti, the forenoon programmes included early morning prayer-meditation, Prabhat Pheri, Paduka Puja (each devotee offering Archana), Japa, Havan, Bhajan-Kirtan, Narayana Seva, Prasad Sevan, etc., On Punyatithi, Swamiji's video was shown in the evening satsanga. The evening Satsanga on the two Jayantis included spiritual talks. Youth Camp: on 23rd September, 450-students, discourses, free medical camp, Jnana Prasad, Prasad Sevan. Paduka Puja was done on Sri Ganesha Chaturthi. Revered Swami Sivachidanandaji and Revered Swami Brahma-Sakshatkarandaji gave talks on 30th September.

Sunabeda, Ladies Branch (Odisha): *Regular Activities:* daily morning Puja and reading of one chapter of Srimad Bhagavatam, and in the evening one hour Sankirtan and Bhagavad Gita Path; Satsanga on Wednesdays and Saturdays,

Satsanga for children on Sundays; Paduka Puja and Sri Vishnu-Sahasranama Stotra Parayana on Ekadasis; 12-hour Sri Mahamrityunjaya Mantra Japa on Chidananda Day; Sri Sundarakanda Parayana on Sankranti Day. Narayana Seva on Tuesdays. *Special Activities:* Special programme on Sivananda Jayanti, Chidananda Jayanti and Sri Ganesha Chaturthi. Youth Camp: September 28,29,30, 175delegates, Revered Swami Sivachidanandaji and Revered Swamiji Brahasakshatkarandaji gave talks.

Taradipal (Odisha): The Branch organized talks on Ethical and Moral Life in four High schools and distributed 400-booklets as a part of 125th birth anniversary programme.

Varanasi (U.P.): The fortnightly Satsanga on every Sundays was on October 14 and 28, and a Home Satsanga on 16th September. On Sivananda Jayanti, Paduka Puja, Satsanga and Bhandara were organized. Paduka Puja and Bhandara on Chidananda Jayanti were in Shree Shree Maa Anandamayee Ashram.

Vikrampur (Odisha): Besides 2-time Puja, weekly Satsanga on Wednesdays and Home Satsanga on September 19 and 23, the Branch held the following *special activities:* (1) Punyatithi: early morning session, Paduka Puja, 3-hour Kirtan, evening Satsanga, Prasad Sevan. (2) Sivananda Jayanti: early morning Japa-Dhyana, Paduka Puja, Sri Hanuman Chalisa, Sri Vishnu-Sahasranama and Srimad Bhagavad Gita Parayan, Kirtan, Narayana Seva, Nagar-Sankirtan, evening Satsanga, Prasad

Sevan in a school after prize distribution to the winners of Bhagavad Gita Path, debate and Bhajan singing competition. (3) Chidananda Jayanti: Similar Programmes.

Visakhapatnam (A.P.): *Regular Activities:* daily Puja. Weekly Satsanga, Gayatri Havan on full moon Day, Free Medical Check-up by ophthalmic, general medicine, orthopaedic, dental specialists on Sundays; daily Yogasana class. *Special Activities:* (1) Sivananda Jayanti: Paduka Puja, a talk on Gurudev, Prasad Sevan. (2) Sri Ganesha Chaturthi: Puja, (3) Navaratri Puja, Sahasra-Kumkum-Archana for 9-days with daily 220devotees.

OVERSEAS BRANCHES

Rose Hill (Mauritius): *Regular Activities:* Satsanga on Wednesdays, Thursdays, Saturdays and Sundays, Paduka Puja on Thursdays, Paduka Puja and poor feeding on Sivananda Day. *Special Activities:* (1) Sivananda Jayanti: (a) At Ashram on 8th September: Paduka Puja, Satsanga, feeding the poor. (b) At Mahebourg: Satsanga and Mahaprasad on 9th September. (c) At Swami Sivananda School, Tyack and SSS Swami Sivananda Bambous on 12th and 19th September. (d) At Sivananda Healing Association B Basin on 22nd September. (e) Concluding celebration: on 30th September at Sivananda Ashram: Mahaprasad. (2) Sri Durga Puja: daily Puja, Homa, Devi Mahatmya Path along with H.H. Sri Swami Venkatesanandaji's cassette, Punyatithi function: Kanya Puja, Mahaprasad.

TOUR PROGRAMME OF SRI SWAMI DHARMANISHTHANANDAJI D.L.S. Hqr.

31 st Jan. to 02 nd Feb. 2013	Rourkela	Yoga and Satanga
03 rd Feb. 2013	Raigarh (Chhattisgarh)	Satsanga
04 th Feb. 2013	Bilaspur (Chhattisgarh)	Satsanga
05 th Feb. 2013	Raipur (Chhattisgarh)	Satsanga
06 th Feb. 2013	Bhilai (Chhattisgarh)	Satsanga
12 th Feb. to 13 th Feb. 2013	Nagpur (Maharashtra)	Yoga and Satsanga
15 th Feb. to 19 th Feb. 2013	Mumbai Circle	Sadhana Sibir
20 th Feb. 2013	Valsad (Gujarat)	Satsanga
21 st Feb. to 25 th Feb. 2013	Vadodara (Gujarat)	Yoga Sibir
26 th Feb 2013	Nadiad (Gujarat)	Satsanga

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